

The Buzz - December 15, 2018

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** The Buzz

December 15, 2018

The twice-a-month newsletter of the Intergroup of San Francisco and Marin 🍷

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober – an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-around ball without a drop of alcohol.

1. Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.
2. Be host to A.A. friends, especially newcomers. If you don't throw a formal party, take one person to a diner and spring for the coffee.
3. Keep your A.A. telephone list with you at all time. If a drinking urge or panic comes – postpone everything else until you've called an A.A.
4. Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.
5. Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.
6. If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.
7. Don't think you have to stay late. Plan in advance an "important date" you have to keep.
8. Go to church. Any church.
9. Don't sit around brooding. Catch up on those books, museums, walks, and letters.

10. Don't start now getting worked up about all those holiday temptations. Remember – "one day at a time."

11. Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts – but this year, you can give love.

12. "Having had a ..." no need to spell out the Twelfth Step here, since you already know it.

Holiday Meeting Closures

The holidays have arrived and we want to be able to communicate any temporary meeting closures that will be affected during this season.

Please review

the following meeting closures (<https://aasf.org/holiday-meeting-closures>) through the holiday season.

If you know about any meeting closures, please contact us ASAP at aa@aasf.org (mailto:aa@aasf.org?subject=Holiday%20meeting%20closure) .

Mon, Dec 17 at 7:00pm – Hilldweller's Big Book Meeting Holiday Potluck Party

Held at Potrero Hill Neighborhood House (953 De Haro Street).

More info here (<https://aasf.org/event/hilldwellers-big-book-meeting-holiday-potluck>) .

Christmas Eve and Christmas Day Alcothons!

Gratitude Center (1370 7th Avenue)

Mon, Dec 24 – meetings from 6:00am – 9:30pm

Tues, Dec 25 – meetings from 6:00am – 9:30pm

More info

here (<https://aasf.org/event/gratitude-center-christmas-alcothon-2>)

Mission Fellowship (2900 24th Street)

Mon, Dec 24 – meetings from 4:00pm – 9:30pm

Tues, Dec 25 – meetings from 7:00am – 11:30pm

More info here (<https://aasf.org/event/mission-fellowship-christmas-alcothon>) .

24-Hour Alcothon at Druid's Hall in Novato (801 Grant Ave., Novato, CA 94945)

Mon, Dec 24 – first meeting starts 7:00pm

Tues, Dec 25 – last meeting starts 6:00pm

More info

here (<https://aasf.org/event/novato-24-hour-christmas-alcothon>) .

New Years Eve and New Years Day Alcothons!

Gratitude Center (1370 7th Avenue)

Mon, Dec 31 – meetings from 6:00am – 9:30pm

Tues, Jan 1 – meetings from 6:00am – 9:30pm

More info

here (<https://aasf.org/event/gratitude-center-new-years-alcothon-2>)

Mission Fellowship (2900 24th Street)

Mon, Dec 31 – meetings from 4:00pm – 9:30pm

Tues, Jan 1 – meetings from 7:00am – 11:30pm

More info here (<https://aasf.org/event/mission-fellowship-new-years-alcothon>) .

24-Hour Alcothon at Good Shepard Lutheran Church in Novato (1180 Lynnwood Drive, Novato, CA 94947)

Mon, Dec 31 – first meeting starts 7:00pm

Tues, Jan 1 – last meeting starts 6:00pm

More info here (<https://aasf.org/event/novato-24-hour-new-years-eve-alcothon>) .

Mon, Dec 31 from 8:00pm – 12:30am – Living Sober NYE Party

Held at Harvey Milk Civil Rights Academy (4235 19th Street, San Francisco, CA 94114)

More info here (<https://aasf.org/event/living-sober-nye-party>) .

Mon, Dec 31 from 8:00pm – 1:00am – Young People in AA New Year's Eve in San Jose

Held at the Alano Club West in San Jose (1555 S 7th St, San Jose, CA 95112)

More info here (<https://aasf.org/event/young-people-in-aa-new-years-eve>) .

Fri, Jan 25 – Sun, Jan 27 – Sobriety by the Bay

Register here!
SobrietyByTheBay.org (<https://www.sobrietybythebay.org/>)

Registration before Jan 1 is \$20

Registration after Jan 1 is \$25

Held at Grace Cathedral (1100 California Street)

More info here (<https://aasf.org/event/sobriety-by-the-bay-2019>) .

Feb 8–9 and 15–16, 2019 – “In Our Own Words”

In Our Own Words was first produced by the Intercounty Fellowship of A.A. in 2009, and was presented by the A.A. Grapevine at the International Conference in San Antonio. This original play by Jackie B. brings to life the pages of the Big Book, the Twelve & Twelve, the A.A. Grapevine and recording of the pioneers of Alcoholics Anonymous. With great humor and depth, In Our Own Words retells the stories of our founders in New York, Akron, Cleveland and Los Angeles – as well as lesser-known struggles of early women, LGBTQ, people of color and young people in A.A.

Get your tickets here (<https://shop.aasf.org/collections/in-our-own-words>) ! \$15 in

advance, \$20 at the door.

Friday's (Feb 8 and 15): 8p show only

Saturday's (Feb 9 and 16): 2p and 8p shows

Held at The Exit Theatre (156 Eddy Street)

More info

here (<https://aasf.org/event/in-our-own-words-10th-anniversary-production>) .

The Point – December 2018

What is The Point? The Point is your monthly A.A. newsletter. It is the means of communicating the A.A. program among the members in Marin and San Francisco Counties.

Read the December issue

here (<https://aasf.org/the-point-current-issue>) !

Please read other FAQs about The Point here (<https://aasf.org/whats-the-point>) !

A huge thank you to all participating groups during Gratitude Month!

Please send in your Gratitude Month contributions to Central Office, marked as such, as soon as possible!

If you'd like to contribute to Central Office outside of just Gratitude Month, participating as a

Faithful Fiver (<https://aasf.org/contributions>) is a great opportunity! Individual Contributions to Central Office, General Service Office, and any AA entity are 100% tax-deductible.

Service Committee Opportunities

Sun, Dec 16 at 12:00pm – Archives Committee

Held at Central Office (1821 Sacramento).

More info

here (<https://aasf.org/event/archives-committee/2018-12-16>) .

Mon, Dec 17 at 6:00pm – SF Teleservice Orientation

Held at Central Office (1821 Sacramento). More info

here (<https://aasf.org/event/sf-teleservice-orientation/2018-12-17>) .

Mon, Dec 17 from 7:30pm – 9:00pm – Marin General Service Business Meeting

Held at First United Methodist Church (9 Ross Valley Drive, San Rafael, CA 94901)

More info

here (<https://aasf.org/event/marin-gs-business-meeting-2017-07-17/2018-12-17>) .

Sat, Dec 22 from 10:00am – 3:30pm – CNCA Committee Meeting

10:00 am – Sharing Sessions

11:00 am – Standing Committee Meetings

12:30 pm – Business Meeting

Held at Petaluma Community Center (320 N. McDowell Blvd., Petaluma, CA 94954)

More info

here (<https://aasf.org/event/cnca-committee-meeting-3/2018-12-22>) .

Thurs, Dec 27 at 7:30pm - Marin PI/CPC

Held at Marin Alano Club (1360 Lincoln Ave., San Rafael CA 94901)

More info

here (<https://aasf.org/event/marin-pipcp/2018-11-22>) .

Thurs, Dec 27 at 7:00pm - Marin Teleservice Orientation

*Please note this was moved from the 4th Tuesday this month only.

Held at the Marin Alano Club (1360 Lincoln Ave., San Rafael, CA 94901)

More info

here (<https://aasf.org/event/marin-pipcp/2018-12-27>) .

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